



**Special points of interest:**

Sunday Worship  
 8:00 AM Traditional  
 10:00 AM Praise Worship  
 with Children's Church  
 10:00 AM YouTube Live

Church Office Hours  
 Mon.—Thurs.  
 8:30 AM—4:30 PM  
 (@ Lunch 12:30—1:30 PM)

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Monday, March 10, 2025

Volume 52, Issue 5

*From the Pastor's desk:*

**A Fruitful Lent**

Our theme throughout the season of Lent is the Fruit of the Spirit. Lent has historically been a time for the church to focus on spiritual growth and renewal. There is often a component of instruction, but beyond learning for learning's sake. The Fruit of the Spirit will be central in all five of our Wednesday midweek services, and in four of our Sunday services.

The Apostle Paul used the image of fruit in his letter to the Galatians to contrast expressions of the Holy Spirit with desires of the flesh (Galatians 5:16-26). The Holy Spirit produces within us: Love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. Paul writes with the expectation that these are each growing within each of us.

Paul also writes about spiritual gifts, which are distributed among church members in ways that foster interdependence. None of us has all of the spiritual gifts; we need each other in order to bring the full complement to our shared lives and ministry. Of the nine types of fruit Paul lists, only two are also named by him as spiritual gifts, generosity and faithfulness. Although he also writes that without love, spiritual gifts are not useful. (1 Corinthians 13)

Sundays will follow our usual format, with the thematic content mostly present in the sermon. But Wednesdays will offer thematic content through conversations that I'll be having with a different Alpine member each week. Don't worry about being called upon during worship, I already have our volunteers!

We also have a daily devotional resource that is available outside the sanctuary. This comes from another church that used the theme for a month-long series. So there are 31 daily devotions, not a full 40 days' supply. We can think of that as a bit of grace for any of us who miss a day (or up to nine).

I encourage you to join us for as many Wednesdays and Sundays as you can, and to engage the daily devotions and any of the growth steps and suggestions we offer each week. Let's grow together!

Grace and Peace,

Pastor Don Wink

## BY THE NUMBERS

2/23/25	28 + 29	57	3/2/25	34 + 32	66
2/23 Online views		23	3/2 Online views		18

Required total receipts weekly.....\$8,279.29

Gen Fund 2/23/25	\$3,488.01	Gen Fund 3/2/25	\$6,304.00
Forward in Faith	\$2,340.00	Forward in Faith	\$1,390.00
Surplus/Deficit	-\$2,161.28	Surplus/Deficit	-\$560.29

Unexpected Blessings.....\$20.00      53/54 Week.....\$100.00      Festival.....\$195.00

\*Some initial deposits of the year include full year pledge amounts



### Pray for Alpine members:

Wendy Barton, Roger Bastian, Tim & DiAnne Beynon, Diane Billert, Donna Brenner, Beverly Clayton, Kathy Cordonnier, Rolly Greenland, Jan Hill, Pam Hodges, Nancy Lorenzen, Heidi Lykken, John McCue, Glen McDonald, Valerie Miller, JR Stropes, Jeanne Tengren, and Pat Turmo.

### Pray for our friends and family of Alpine:

Sally Atkinson, Angela Boogard, Kim Braun, Cornelia Foley, Daniel Hendrickson, Darlene Johnson, Danny Moorhouse, Michael Moorhouse, Peggy Moorhouse, Rev. Willard Olson, Judy Osiwalla, Bob Schult, Derek Sisson, Bob Swenson, Don Tennant, Penny Wendling, Ali Younglove, the recent California fire victims, and all those in Ukraine & Israel-Gaza.

## All in the Family

Birthday thanks came in from **Lynn Valentine, Marlene Bukowski and Diana Sundeen**. We share our love and sympathies with the families of **John Linde and Rhonda Pottinger**. John died February 21<sup>st</sup> and Rhonda died February 22<sup>nd</sup>. Thank you from **Carol Johnson and Deb & Karl Okeson** for the cards and expressions of sympathy sent after Les' passing. A special thank you from **Lynn Valentine** for the special surprise banner, sign & card from a mystery person. **Jeanne Tengren** sent her thanks for the flowers & cars celebrating her 99th birthday. **Nancy Lorenzen** expressed her thanks for the get well wishes she received after her recent surgery.

### Worship Schedule :

- **Sunday Worship:**  
8:00 AM Traditional Worship  
10:00 AM Praise Worship/ YouTube-Facebook Live
- **Children's Church** will meet at the 10 AM worship during the service, seasonal Grab & Go packets will continue to be available for pick-up.
- **Adult Forums** will be on the 3<sup>rd</sup> Sunday of the month, between worship services.
- **Rejoicing Spirits: Every 1<sup>st</sup> (in person) & 3<sup>rd</sup> (Zoom) Thursday, 6:00 PM** This service is for those with developmental disabilities, their families, caregivers, and others.
- **Tuesday Bible Breakfast:** 8:00 AM Tuesdays, Sunrise Restaurant
- **Thursday Bible & Brews:** On hiatus until further notice.



**Pastoral Needs:** Pastor Wink plans to be in his office on Tuesdays, Wednesdays, and Thursdays, He will be working from home on Mondays and can be contacted through the office on that day or when he is not in the office.



**Praying weekly for Alpine's membership** has had a very positive effect on our church! We have had many positive and thankful responses from those we have been praying for. The benefits are so great that we have decided to make this an ongoing part of Alpine's church life. Some comments we've received are "power of prayer - it works!", "just what we needed", and loads of thanks! Even though we are praying for a few families each week, please call the office whenever the need arises for extra prayers you may have.

**Together we worship, together we pray,  
together we love.**

**Mar. 16<sup>th</sup>** — Megan, Merrick & Cooper Hill; Al & Marlene Garrett; Joan & Nicholas Chockalingam; Gwyn Brechtel; and Derrell & Donna Brenner.

**Mar. 23<sup>rd</sup>** — Louise Dorris; David & Laura DeNale; Kelly & Hanna Denk; Shirley Finger; and Teresa Schoepski.

## Sunday, March 16, 2025

Ushers: (8) Karl Okeson, Bob Fanello (10) Jim Burnett, Dick Nelson  
Ambassadors: (8) Jack & Carla Phillips (10) Volunteers  
Lector: (8) Bob Fanello (10) Becky Toro  
Lay Assistant: (8) Deb Okeson (10) Mike Schultz  
Praise Singer: Beck Toro

## Sunday, March 23, 2025

Ushers: (8) Tonya Bagwell, Volunteer (10) Scott Dabson, Marge Rakoczy  
Ambassadors: (8) Gwyn Brechtel, Sharon Walker (10) Jody Dabson, Volunteer  
Lector: (8) Pam Lojewski (10) Lynn Valentine  
Lay Assistant: (8) Pam Lojewski (10) Nancy Matthews  
Praise Singers: Chuck & Lynn Valentine



This year's Lenten theme is **Fruits of the Spirit**. Each Wednesday and Sunday worship service, Pastor Don will discuss one of the fruits. In keeping with the theme, our devotionals are the May/June studies by ReFrame Ministries entitled "**Today refresh, refocus, renew Fruit of the Spirit**". There are 31 days of devotions (Yes, Lent is 40 days but this fits so well with our theme). We will have printed copies available in Memorial Lounge.

**Soup Suppers and Lenten Worship** will begin on **Wednesday, March 12<sup>th</sup>**. Each week we will join together for a meal followed by our Lenten Worship with Holden Evening Prayer. A **Soup Supper sign-up poster** is in the narthex. Please consider helping with bringing a soup, bread or dessert. This evening of is always an Alpine favorite.

**March Adult Forum:** This month's Adult Forum will meet Sunday, March 16<sup>th</sup> between services in the conference room. We welcome a representative from Lifescape Community Services. Lifescape serves older adults each year through its Meals on Wheels program, Adult Protective Services, Adult Day Program, Health & Wellness Services, AmeriCorps Seniors Retired and Senior Volunteer Program, Comprehensive Care Coordination, Senior Mental Health Program, and Advocacy & Assistance programs. Please plan to join us!

The **Mental Health Committee** invites you to attend **Mental Health First Aid**, Saturday, March 29<sup>th</sup> from 8:30 AM to 4:30 PM. "Nearly 1 in 5 in the US lives with a mental illness." *National Institute of Mental Health* Join us as we learn how to identify, understand and respond to signs of mental health challenges among adults in our community around us. There is no charge for the day, free lunch will be served. Please register with Mike Schultz by March 15<sup>th</sup>. Mike will be available between worship services or you may call him, 815-633-4789.

**Thrivent Choice Dollars** are funds that eligible members of Thrivent are offered to direct to enrolled nonprofit organizations, including Alpine. Choice Dollars designated during 2025 can be directed until March 31<sup>st</sup>. Members can direct Choice Dollars online at [thrivent.com/thriventchoice](http://thrivent.com/thriventchoice) or by calling 800-847-4836.



The Altar Guild will be taking orders for our **2025 Easter Glory Garden** starting March 16<sup>th</sup>. We will have our traditional lilies and tulips. An order envelope is available on the kiosk in the narthex. The cost is \$13 per plant. Orders will be taken through Sunday, March 30<sup>th</sup>. (Laurel McVinnie)

**We thank our newly installed 2025 Church Council members:** Scott Dabson, President; Gwyn Brechtel, Vice-President; Tonya Bagwell, Secretary; Treasurer, TBD ; Jody Dabson; Jaime Doubek; Pam Hemenway; Sue Lovitt; Nancy Matthews, Richard Nelson; Bob Peterson; Violet Peterson; Jessica Rivera; Mike Schultz; Terry Schoepski; Lisa Slothower, and Becky Toro.

**Issue with Emails:** Recently the office has been contacted by several members who have **not been receiving our emails** from our provider Mail Chimp. After some investigation, I found that Mail Chimp has "cleaned" most, if not all, Comcast emails from our mailing list. If you are no longer receiving emails, please visit our website, [alpinelutheran.com](http://alpinelutheran.com), and click on the Welcome tab, then the Summit tab from the drop down menu. At the bottom of the page you will find "Subscribe to our email". Fill in the form, confirm your email, and you should start receiving them again. (Lynn Valentine)

**Fellowship is a very important part of every congregation.** We all enjoy conversing after church especially with coffee and a treat. We need people to provide those treats. You do not need to be a master baker. Purchased treats are just as good. We also need juice to be served along with the coffee. Then all you need to do is man the table. It is very simple. (Help with clean-up is also appreciated.) A sign-up sheet is available by the coffee.



Join us for Children's Church! We are meeting during the 10 AM service at the beginning of the worship service allowing more time for learning.  
Seasonal grab bags will be available for pick-up.



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RETURN SERVICE REQUESTED

**Sun. Worship Times**  
**8:00 & 10:00 AM**



See what Alpine has to  
offer you on the Web!  
alpinelutheran.com

**Called by Christ, our mission is to share God's love.**

**Call Committee**

With you and like you, your call committee still gathers. We still hope and wait, and pray and dream for who is being led to us as our next called leader. Our committee meets regularly and are thinking about what questions we want and need to ask and to plan for our mock interview and the real one---whenever that might be. Pastor Jen Beamsley (Synod office) reported in our monthly Zoom meeting, that since Christmas, she is seeing more potential candidates submitting papers, stating they were open to a new call. She shared this as hopeful news. And yet she also spoke reassuringly that she depends on the Holy Spirit to guide and direct her process. She will not forward any to us without good information gathering and a Holy nudging. We are in the good space of having Pr. Don Wink as a faithful leader and pastor among us. So, we celebrate our present with continued hope and promise for the future.



Lutheran  
Disaster Response

**Lutheran Disaster Response needs your help!** The wildfires of Los Angeles County in California, has impacted over 100,000 people. Sparked by dry conditions, strong winds and a limited water supply, these fires have destroyed homes and businesses and have led to injuries and loss of life. This disaster is just one of many — including hurricanes, war and famine — to which Lutheran Disaster Response is still responding. Your gifts to Lutheran Disaster Response equip us to respond quickly and generously, wherever and whenever disaster may strike. As Presiding Bishop Elizabeth Eaton said in her statement about the wildfires, "The prophet Isaiah writes that even when fires rage, the final word is faith, not fear. God redeems us and calls us by name to be agents of healing and hope, even amid staggering loss. In faith, we respond through prayer, accompaniment and action." To give to this and any other effort by Lutheran Disaster Response, please visit <https://give.elca.org/page/77859/donate/>